

MEALS ON WHEELS OF OCEAN COUNTY



A 501(C)(3) NON-PROFIT CHARITY

Partially funded under Title III of the Older Americans Act
through a contract with Ocean County

**Please remember to make checks payable to:
MEALS ON WHEELS**

If you will not be at home to receive your meal for any reason,
please call the Meals on Wheels Office at 732-367-1401
at least one (1) day in advance to cancel your meal.

WE NEED YOUR \$2.00 CONTRIBUTION TO SUPPORT THE PROGRAM

JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BREADED TILAPIA
4 ITALIAN SAUSAGE W/PEPPERS AND ONIONS	5 CHICKEN PARM	6 BODACIOUS BURGER	7 MARVELOUS MEATLOAF	8 EGGSTRA SPECIAL CHEESE OMELET W/SALSA
11 BARBECUE CHICKEN	12 CHICKEN PARMAGIAN	13 SALISBURY STEAK	14 STUFFED PEPPER	15 CAPTAIN'S CATCH FISH WEDGE
18 GRILLED CHICKEN BREAST W/TOMATOES AND PEPPERS	19 ROARING RIBLET	20 SAVORY SWEDISH MEATBALLS	21 NOT THE WURST KNOCKWURST	22 GARDEN BURGER
25 TURKEY SUB	26 SWEET AND SOUR CHICKEN	27 HAM I AM BAKED HAM	28 BODACIOUS BURGER	29 EGGPLANT ROLLATINI

IF MENU ITEM IS NOT AVAILABLE A SUBSTITUTION WILL BE MADE READ OTHER SIDE →

SUPPORT THE MEALS ON WHEELS PROGRAM

PLEASE CONTRIBUTE \$2.00 FOR EACH MEAL