

# MEALS ON WHEELS OF OCEAN COUNTY



## A 501(C)(3) NON-PROFIT CHARITY

Partially funded under Title III of the Older Americans Act  
through a contract with Ocean County

**Please remember to make checks payable to:  
MEALS ON WHEELS**

If you will not be at home to receive your meal for any reason,  
**please call the Meals on Wheels Office at 732-367-1401**  
at least one (1) day in advance to cancel your meal.

**WE NEED YOUR \$2.00 CONTRIBUTION TO SUPPORT THE PROGRAM**

**AUGUST 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HAM I AM BAKED HAM	2 BODACIOUS BURGER	3 EGGPLANT ROLLATINI
6 SWEET AND SOUR MEATBALLS	7 GRILLED CHICKEN BREAST WITH LEMON SAUCE	8 ITALIAN SAUSAGE W/PASTA	9 COUNTRY FRIED PORK	10 BREADED TILAPIA
13 BODACIOUS BURGER	14 MARVELOUS MEATLOAF	15 ITALIAN SAUSAGE W/PEPPERS AND ONION	16 CHICKEN PARMESAN	17 EGGSTRA SPECIAL CHEESE OMELET W/SALSA
20 SALISBURY STEAK	21 STUFFED PEPPER	22 GRILLED BARBECUE CHICKEN	23 VEAL PARMAGIAN	24 CAPTAIN'S CATCH FISH WEDGE
27 SAVORY SWEDISH MEATBALLS	28 NOT THE WORST KNOCKWURST	29 GRILLED CHICKEN BREAST W/TOMATOES AND PEPPERS	30 ROARING RIBLET	31 CRAB CAKE W/TARTAR SAUCE

IF MENU ITEM IS NOT AVAILABLE A SUBSTITUTION WILL BE MADE READ OTHER SIDE →

**SUPPORT THE MEALS ON WHEELS PROGRAM**

**PLEASE CONTRIBUTE \$2.00 FOR EACH MEAL**