

MEALS ON WHEELS OF OCEAN COUNTY



A 501(C)(3) NON-PROFIT CHARITY

Partially funded under Title III of the Older Americans Act
through a contract with Ocean County

**Please remember to make checks payable to:
MEALS ON WHEELS**

**If you will not be at home to receive your meal for any reason,
please call the Meals on Wheels Office at 732-367-1401
at least one (1) day in advance to cancel your meal.**

WE NEED YOUR \$2.00 CONTRIBUTION TO SUPPORT THE PROGRAM

APRIL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BAKED HAM ²	HAMBURGER ²	SAUSAGE W/PEPPERS AND ONIONS ³	GRILLED CHICKEN W/LEMON SAUCE ⁴	EGGPLANT ROLLATINI ⁶
SWEDISH MEATBALLS ⁸	SWEET AND SOUR CHICKEN ⁹	MEATLOAF ¹⁰	CHICKEN PARMESAN ¹¹	CHEESE OMELET ¹²
VEAL PARMESAN ¹⁵	SALISBURY STEAK ¹⁶	STUFFED PEPPER ¹⁷	BARBECUE CHICKN ¹⁸	GOOD FRIDAY CLOSED ¹⁹
BBQ RIBLET ²²	KNOCKWURST AND SAUERKRAUT ²³	STUFFED CABBAGE ²⁴	GRILLED CHICKEN W/TOMATOES AND PEPPERS ²⁵	CRAB CAKE ²⁶
COUNTRY FRIED PORK ²⁹	SWEET AND SOUR MEATBALLS ³⁰			

IF MENU ITEM IS NOT AVAILABLE A SUBSTITUTION WILL BE MADE READ OTHER SIDE ➡➡

SUPPORT THE MEALS ON WHEELS PROGRAM

PLEASE CONTRIBUTE \$2.00 FOR EACH MEAL