

## THE MEALS

How long have you been receiving Meals on Wheels?

**35%** Less than 1 year **47%** 1 – 3 years **12%** 3 – 5 years **6%** 5 or more

Are you satisfied with the quality and variety of food?

97% YES 3% NO

If you didn't have Meals on Wheels, would you have a hot fresh meal to eat?

**21%** YES **69%** NO **10%** SOMETIMES

Do you like the changes made to the meals with your suggestions?

<b>19%</b> Excellent	43% Very Good	<b>32%</b> Good	<b>7%</b> Needs Improvement

## YOUR WELLBEING

	Yes	No
I feel more confident living independently receiving Meals on Wheels.	99%	1%
I am eating a more nutritious and balanced diet due to Meals on Wheels.	98%	2%
Receiving Meals on Wheels makes me feel less lonely.	95%	5%

As an adult over 60 years old, what do you prefer to be called?

**34%** Senior **6%** Older Adult **1%** Elder **52%** Senior Citizen **7%** Modern Elder

## **MEALS ON WHEELS STAFF & RESOURCES**



## Surveys Returned by Municipality

TOWN	SURVEYS	%
Barnegat	15	5%
Bayville	6	2%
Beachwood	3	1%
Berkeley	50	15%
Brick	36	11%
Eagleswood	3	1%
Jackson	9	3%
Lacey	13	4%
Lakewood	29	9%
Lavallette	3	1%
Little Egg Harbor	10	3%
Long Beach	2	1%
Manahawkin	16	5%
Manchester	46	14%
Ocean	1	0%
Ocean Gate	1	0%
Point Pleasant	3	1%
Seaside Park	2	1%
Ship Bottom	3	1%
Toms River	19	6%
Tuckerton	1	0%
Anonymous	60	18%