

<b>COMMUNITY SERVICES, INC.</b>		<b>JULY 2024</b>		
<b>Meals on Wheels of Ocean County</b>		<b>MONTHLY ACTIVITIES CALENDAR</b>		
179-A South Main Street		Community Café at Stafford		
Manahawkin, NJ 08050				
609-978-6866				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>1 9-10am Coffee/Tea</b>	<b>2 9-10am Coffee/Tea</b>	<b>3 9-10am Coffee/Tea</b>	<b>4</b>	<b>5 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm	10am-12pm	<b>CLOSED</b>	10am-12pm
Open Game Day	Eye glass case making	Eye glass case making	<b>FOURTH OF JULY</b>	5 Love Languages
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>		12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball		1-2pm Volleyball
<b>8 9-10am Coffee/Tea</b>	<b>9 9-10am Coffee/Tea</b>	<b>10 9-10am Coffee/Tea</b>	<b>11 9-10am Coffee/Tea</b>	<b>12 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
Diabetes Talk	Tuckerton Seaport - Carving	Talk About Time	Music with Andrew	The Price is Right
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball
<b>15 9-10am Coffee/Tea</b>	<b>16 9-10am Coffee/Tea</b>	<b>17 9-10am Coffee/Tea</b>	<b>18 9-10am Coffee/Tea</b>	<b>19 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
TBA	Dr. Smith - chiropractor	TBA	Library - Theresa	TBA
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball
<b>22 9-10am Coffee/Tea</b>	<b>23 9-10am Coffee/Tea</b>	<b>24 9-10am Coffee/Tea</b>	<b>25 9-10am Coffee/Tea</b>	<b>26 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
Summer Craft	Interfaith	TBA	Country Music with Diane	The Price is Right
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball
<b>29 9-10am Coffee/Tea</b>	<b>30 9-10am Coffee/Tea</b>	<b>31 9-10am Coffee/Tea</b>		
10am-12pm	10am-12pm	10am-12pm		
O.C.C. Nurses	Nutrition with Jennifer	Tuckerton Seaport - Quilting		
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>		
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball		
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<b>Monthly calendars are to include all health related programs such as blood pressure, guest speakers and activities, events, games, parties.</b>				
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<b>Monthly activities calendars are due in to the Toms River Office on or before the 20th of the month prior to the date the activity/event will take place.</b>				
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<b>*TO BE ANNOUNCED (TBA) - WAITING FOR RESPONSES TO COME IN FROM PROSPECTIVE SPEAKERS</b>				