

How long have you been receiving Meals on Wheels?

35% Less than 1 year **47%** 1 – 3 years **12%** 3 – 5 years **6%** 5 or more

Are you satisfied with the quality and variety of food?

97% YES **3%** NO

If you didn't have Meals on Wheels, would you have a hot fresh meal to eat?

21% YES **69%** NO **10%** SOMETIMES

Do you like the changes made to the meals with your suggestions?

19% Excellent **43%** Very Good **32%** Good **7%** Needs Improvement

YOUR WELLBEING

	Yes	No
<i>I feel more confident living independently receiving Meals on Wheels.</i>	99%	1%

<i>I am eating a more nutritious and balanced diet due to Meals on Wheels.</i>	98%	2%
--	------------	-----------

Receiving Meals on Wheels makes me feel less lonely.