

<b>COMMUNITY SERVICES, INC.</b>		<b>AUGUST 2024</b>		
<b>Meals on Wheels of Ocean County</b>		<b>MONTHLY ACTIVITIES CALENDAR</b>		
179-A South Main Street		Community Café at Stafford		
Manahawkin, NJ 08050				
609-978-6866				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
			<b>1 9-10am Coffee/Tea</b>	<b>2 9-10am Coffee/Tea</b>
			10am-12pm	10am-12pm
			Create "Bathing suits"	Create "Bathing suits"
			12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
			1-2pm Volleyball	1-2pm Volleyball
<b>5 9-10am Coffee/Tea</b>	<b>6 9-10am Coffee/Tea</b>	<b>7 9-10am Coffee/Tea</b>	<b>8 9-10am Coffee/Tea</b>	<b>9 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm Decoy Painting	10am-12pm	10am-12pm	10am-12pm
Hand & Arm Massages	with Tuckerton Seaport	Sand Castles	Q&A with the Commissioner	Price is Right
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball
<b>12 9-10am Coffee/Tea</b>	<b>13 9-10am Coffee/Tea</b>	<b>14 9-10am Coffee/Tea</b>	<b>15 9-10am Coffee/Tea</b>	<b>16 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm	10am-12pm Bald Eagles	10am-12pm	10am-12pm
TBA	Nutrition with Jennifer	Josh with Wells Mills Park	"Bathing suit" Contest	TBA
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball
<b>19 9-10am Coffee/Tea</b>	<b>20 9-10am Coffee/Tea</b>	<b>21 9-10am Coffee/Tea</b>	<b>22 9-10am Coffee/Tea</b>	<b>23 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
Board Games	Dr Smith - Chiropractor	Dania with Home Instead	Music with Andrew	TBA
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball
<b>26 9-10am Coffee/Tea</b>	<b>27 9-10am Coffee/Tea</b>	<b>28 9-10am Coffee/Tea</b>	<b>29 9-10am Coffee/Tea</b>	<b>30 9-10am Coffee/Tea</b>
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
Crafts	Crafts	Theresa with OC Library	TBA	Price is Right
12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>	12-1pm <b>Lunch</b>
1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball	1-2pm Volleyball
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<b>Monthly calendars are to include all health screening programs such as blood pressure, guest speakers and activities, events, games, parties.</b>				
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<b>Monthly activities calendars are due in to the Toms River Office on or before the 20th of the month prior to the date the activity/event will take place.</b>				
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