

COMMUNITY SERVICES, INC.		NOVEMBER 2024		
Meals on Wheels of Ocean County		MONTHLY ACTIVITIES CALENDAR		
179-A South Main Street		Community Café at Stafford		
Manahawkin, NJ 08050				
609-978-6866				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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				CLOSED - VOTING
4	5	6	7	8
	CLOSED	9-10am Coffee/Tea	9-10am Coffee/Tea	9-10am Coffee/Tea
CLOSED	ELECTION DAY	10am-12pm Speaker: Jim York	10am-12pm	10am-12pm
		Pain Treatments: New & Old	Speaker: Kathy with Clean Energy	Crafting with Alyssa
		12-1pm Lunch	12-1pm Lunch	12-1pm Lunch
		1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises
11	12	13	14	15
CLOSED	9-10am Coffee/Tea	9-10am Coffee/Tea	9-10am Coffee/Tea	9-10am Coffee/Tea
VETERANS DAY	10am-12pm	10am-12pm	10am-12pm	10am-12pm
	Tuckerton Seaport Presentation	Jewelry Craft	Jewelry Craft	Price is Right with Jackie
	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch
	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises
18	19	20	21	22
9-10am Coffee/Tea	9-10am Coffee/Tea	9-10am Coffee/Tea	9-10am Coffee/Tea	9-10am Coffee/Tea
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
TBA	Nutrition with Jennifer	Garden Club	Music with Andrew	Talks on Memory with Jan
12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch
1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises
25	26	27	28	29
9-10am Coffee/Tea	9-10am Coffee/Tea	9-10am Coffee/Tea	CLOSED	CLOSED
10am-12pm	10am-12pm	10am-12pm	THANKSGIVING	THANKSGIVING
Kelly with the Girl Scouts	Hand and Arm Massages	Thanksgiving Celebration		HOLIDAY
12-1pm Lunch	12-1pm Lunch	12-1pm Lunch		
1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises	1-2pm Volleyball & Exercises		
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Monthly calendars are to include all health related programs such as blood pressure, guest speakers and activities, events, games, parties.				
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Monthly activities calendars are due in to the Toms River Office on or before the 20th of the month prior to the date the activity/event will take place.				
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