

COMMUNITY SERVICES, INC.		MARCH 2025		
Meals on Wheels of Ocean County		MONTHLY ACTIVITIES CALENDAR		
179-A South Main Street		Community Café at Stafford		
Manahawkin, NJ 08050				
609-978-6866				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9-10am Coffee/Tea	4 9-10am Coffee/Tea	5 9-10am Coffee/Tea	6 9-10am Coffee/Tea	7 9-10am Coffee/Tea
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
Spin the Bottle	Pine Cone Wreath	Dr. Skokan - foot doctor	Finish Pine Cone Wreath	Decorate bags for homebound
12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch
1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball
10 9-10am Coffee/Tea	11 9-10am Coffee/Tea	12 9-10am Coffee/Tea	13 9-10am Coffee/Tea	14 9-10am Coffee/Tea
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
St. Patrick's Day Cards	Dr. Smith - Chiropractor	John speaks on the Constitution	Music with Andrew	Dee - Ukulele Band
12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch
1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball
17 9-10am Coffee/Tea	18 9-10am Coffee/Tea	19 9-10am Coffee/Tea	20 9-10am Coffee/Tea	21 9-10am Coffee/Tea
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
St. Patrick's Day Party	Game Day	Garden Club	Nutrition with Jennifer	TBA
12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch
1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball
24 9-10am Coffee/Tea	25 9-10am Coffee/Tea	26 9-10am Coffee/Tea	27 9-10am Coffee/Tea	28 9-10am Coffee/Tea
10am-12pm	10am-12pm	10am-12pm	10am-12pm	10am-12pm
TBA	Tuckerton Seaport	Ocean County Nurses	Country Music with Diane	Trivia
12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch	12-1pm Lunch
1-2pm Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball	1-2pm Exercises & Volleyball
31 9-10am Coffee/Tea				
10am-12pm				
Hand Massages				
12-1pm Lunch				
1-2pm Exercises & Volleyball				
Monthly calendars are to include all health related programs such as blood pressure, guest speakers and activities, events, games, parties.				
The Price is Right w/ Jacquie from SeaCrest.				
Monthly activities calendars are due in to the Toms River Office on or before the 25th of the month prior to the date the activity/event will take place.				