

Meals on Wheels Ocean County
179-A South Main St
Manahawkin, NJ 08050
609-978-6866



Monthly Activities Calendar
Community Cafe - Stafford

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5. 9-10 am Coffee/Tea	6. 9-10 am Coffee/Tea	7. 9-10 am Coffee/Tea
		10AM - 12PM	10AM - 12PM	10AM - 12PM
CLOSED	CLOSED	Games	Our Price Is Right	Craft - Decorations for Party
EARLY VOTING	ELECTION DAY	12-1 LUNCH	12-1 LUNCH	12-1 LUNCH
		1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL
10. 9-10 am Coffee/Tea	11. 9-10 am Coffee/Tea	12. 9-10 am Coffee/Tea	13. 9-10 am Coffee/Tea	14. 9-10 am Coffee/Tea
10AM - 12PM	10AM - 12PM	10AM - 12PM	10AM - 12PM Library Crafts &	10AM - 12PM
Suzanne - Mental Health	CLOSED	Painting on Canvas	Nutrition with Jennifer	Price Is Right w/ Jacquie
12-1 LUNCH	12-1 LUNCH	12-1 LUNCH	12-1 LUNCH	12-1 LUNCH
1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL
17. 9-10 am Coffee/Tea	18. 9-10 am Coffee/Tea	19. 9-10 am Coffee/Tea	20. 9-10 am Coffee/Tea	21. 9-10 am Coffee/Tea
10AM - 12PM	10AM - 12PM	10AM - 12PM	10AM - 12PM	10AM - 12PM
Kim - Songs for Happiness	Josh w/ Wells Mills Park	Garden Club	Exercise with Nelson	Officer Vincent w/ Stafford PD
12-1 LUNCH	12-1 LUNCH	12-1 LUNCH	12-1 LUNCH	12-1 LUNCH
1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL
24. 9-10 am Coffee/Tea	25. 9-10 am Coffee/Tea	26. 9-10 am Coffee/Tea	27	28
10AM - 12PM Music w/ Paul	10AM - 12PM	10AM - 12PM		
Thanksgiving Celebration	Folding mags for Christmas Crafts	Flu Shots w/ Ocean County nurses	CLOSED	CLOSED
12-1 LUNCH	12-1 LUNCH	12-1 LUNCH	THANKSGIVING	THANKSGIVING
1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL	1-2 EXERCISES & VOLLEYBALL		
		Notes:		